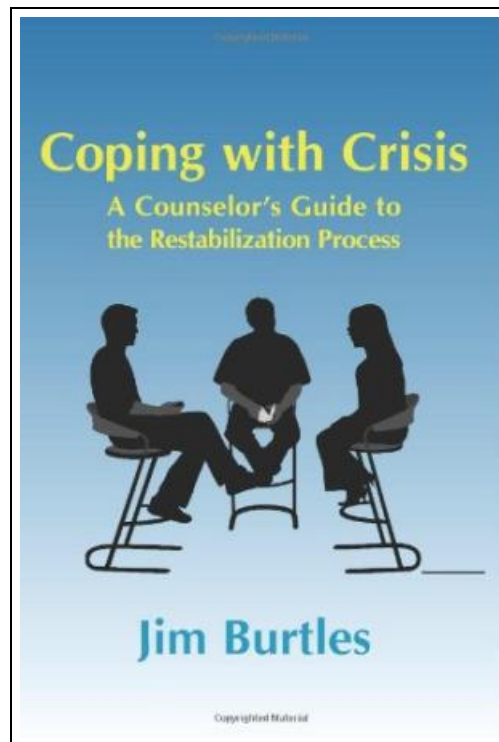


Coping with Crisis: A Counselor s Guide to the Restabilization Process (Paperback)



Filesize: 9.6 MB

Reviews

This book is definitely worth buying. This really is for all who statte there had not been a worthy of studying. You will not sense monotony at at any moment of the time (that's what catalogs are for concerning should you check with me).
(Mr. Martin Baumbach)

COPING WITH CRISIS: A COUNSELOR S GUIDE TO THE RESTABILIZATION PROCESS (PAPERBACK)

DOWNLOAD



Loving Healing Press, United States, 2007. Paperback. Condition: New. Language: English . Brand New Book ***** Print on Demand *****.In the wake of a catastrophic event, the witness may discover or experience unsettling emotions which can trigger subsequent behaviors. These reactions can lead to a number of consequences, some of which are unproductive. Restabilization is a practical means of addressing these reactions and the resultant issues. It is a four-step process of self-discovery guided, but not led, by a counselor; aimed at restoring someone s confidence and improving their capability to deal with life s problems. The person is encouraged, and enabled, to view the event as a learning experience with an opportunity to improve their performance in relation to unexpected problems. The four stages of the process are described in detail, together with examples of model sessions and rules of engagement which serve to ensure the effectiveness of the process. There are also some Communication Exercises designed to ensure unemotional but sympathetic communication between the counselor and their client. In addition, the Dark Serpent Dilemma and Technique offers a pragmatic way of approaching and solving the problems which life throws at all of us from time to time. Once the concept is understood it can be applied as a way of ensuring the optimum reaction to any significant event or situation. About the Author For several years, Jim Burtles was Principal Consultant with Safetynet PLC, where he taught business executives how to cope with, and plan for, minor emergencies, disasters and absolute catastrophes. Safetynet was a pioneering disaster recovery and business continuity company which specialized in dealing with business emergencies. Such events might range in scale from a faulty air-conditioning system to the aftermath of major earthquakes or terrorist attacks. The original concept of Safetynet was centered on the...



[Read Coping with Crisis: A Counselor s Guide to the Restabilization Process \(Paperback\) Online](#)
[Download PDF Coping with Crisis: A Counselor s Guide to the Restabilization Process \(Paperback\)](#)

You May Also Like



Weebies Family Halloween Night English Language: English Language British Full Colour

Createspace, United States, 2014. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Children s Weebies Family Halloween Night Book 20 starts to teach Pre-School and...

[Save ePub »](#)



Plants vs Zombies Game Book - Play stickers 1 (a puzzle game that swept the world. the most played together)(Chinese Edition)

paperback. Book Condition: New. Ship out in 2 business day, And Fast shipping, Free Tracking number will be provided after the shipment.Paperback. Pub Date: Unknown in Publisher: China Children Press List Price: 13.00 yuan Author:...

[Save ePub »](#)



Two Treatises: The Pearle of the Gospell, and the Pilgrims Profession to Which Is Added a Glasse for Gentlewomen to Dresse Themselves By. by Thomas Taylor Preacher of Gods Word to the Towne of Reding. (1624-1625)

Proquest, Eebo Editions, United States, 2010. Paperback. Book Condition: New. 246 x 189 mm. Language: English . Brand New Book ***** Print on Demand *****.EARLY HISTORY OF RELIGION. Imagine holding history in your hands. Now...

[Save ePub »](#)



Two Treatises: The Pearle of the Gospell, and the Pilgrims Profession to Which Is Added a Glasse for Gentlewomen to Dresse Themselves By. by Thomas Taylor Preacher of Gods Word to the Towne of Reding. (1625)

Proquest, Eebo Editions, United States, 2010. Paperback. Book Condition: New. 246 x 189 mm. Language: English Brand New Book ***** Print on Demand *****.EARLY HISTORY OF RELIGION. Imagine holding history in your hands. Now you...

[Save ePub »](#)



I Am Reading: Nurturing Young Children s Meaning Making and Joyful Engagement with Any Book

Heinemann Educational Books, United States, 2015. Paperback. Book Condition: New. 234 x 185 mm. Language: English . Brand New Book. It s vital that we support young children s reading in ways that nurture healthy...

[Save ePub »](#)