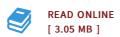




A Pebble For Your Pocket, A (Paperback)

By Thich Nhat Hanh

Parallax Press, United States, 2010. Paperback. Condition: New. Revised edition. Language: English. Brand New Book. Drawn from Thich Nhat Hanh s Dharma talks given to young people, A Pebble for Your Pocket presents the basic teachings of the Buddha in accessible and modern language. Combining the stories and mediation practices from the previous edition of A Pebble for your Pocket with those collected in Under the Rose Apple Tree plus several new stories, this completely revised edition is written in a conversational style, and is comprised of Buddhist parables, and stories from the author s own childhood experiences. They elucidate principles of Buddhism and mindfulness practice, and give the young reader and their parents concrete advise on handling difficult emotions such as anger, from which the title - a pebble for your pocket - is taken. Written in a highly accessible style that doesn t rely on lot of jargon or difficult vocabulary requiring breaks for explanation, Thich Nhat Hanh emphasizes the importance of the present moment through vivid metaphors, original allegories, and colorful stories. Young readers will learn about handling anger, living in the present moment, and interbeing -- the interconnectedness of all things. Thich Nhat Hanh offers...



Reviews

A superior quality ebook and also the font used was interesting to read through. This is for all who statte there was not a well worth reading. I discovered this publication from my dad and i encouraged this pdf to learn.

-- Felix Lehner Jr.

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-- Mr. Golden Flatley

Other Kindle Books



A Summer in a Canyon (Dodo Press)

Dodo Press, United Kingdom, 2007. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Kate Douglas Wiggin, nee Smith (1856-1923) was an American children s author and educator. She was born in Philadelphia,...



Oscar Wilde Miscellaneous: A Florentine Tragedy - A Fragment, and La Sainte Courtisane - A Fragment (Dodo Press)

Dodo Press, United Kingdom, 2009. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****. Oscar Fingal O Flahertie Wills Wilde (1854-1900) was an Irish playwright, novelist, poet, and author of short stories. Known...



Titanic: The Story Lives On! (Penguin Young Readers, Level 4) [Paperback] [Ja.

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No Room at the Inn: The Nativity Story (Penguin Young Readers, Level 3) [Pape.

No Binding. Book Condition: New. Brand New, Unread Book in Excellent Condition with Minimal Shelf-Wear, \$AVE! FAST SHIPPING W/FREE TRACKING!!!.



My Life as an Experiment: One Man's Humble Quest to Improve Himself by Living as a Woman, Becoming George Washington, Telling No Lies, and Other Radical Tests

SIMON SCHUSTER, United States, 2010. Paperback. Book Condition: New. Reprint. 212 x 138 mm. Language: English. Brand New Book. One man. Ten extraordinary quests. Bestselling author and human guinea pig A. J. Jacobs puts his life to the test and reports...



Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age

Adams Media Corporation. Paperback. Book Condition: new. BRAND NEW, Unplug Your Kids: A Parent's Guide to Raising Happy, Active and Well-Adjusted Children in the Digital Age, David Dutwin, TV. Web Surfing. IMing. Text Messaging. Video Games. iPods. Kids today are plugged into...