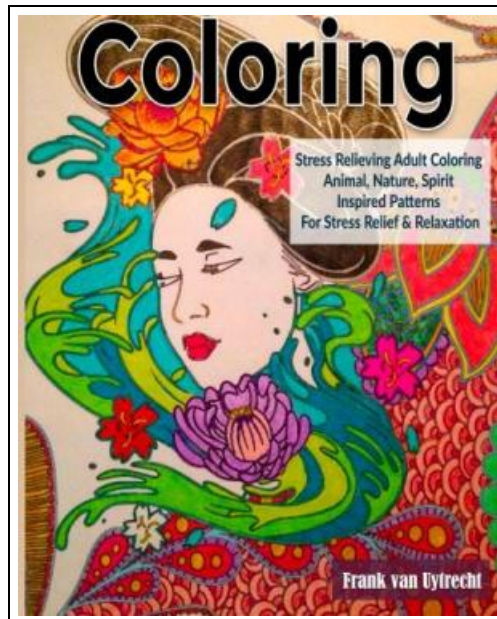


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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. Frank Van Uytrecht (illustrator). 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.Coloring Is Your Secret Magic Potion to Immediate Calm Coloring! Just saying that word for many of us conjures up feelings of peace. This just may be your answer to calm this year! So let go of today's time clock and experience that all over again, letting yourself feel young again. Give yourself this gift and when you do you will open a world of fun. So as you wander through the pages of Coloring you'll soon find that there is relaxation hidden in every nook and cranny of this amazing book. In fact you'll find yourself transfixed within the drawings of Coloring: Stress Relieving Adult Coloring Animal, Nature, Spirit Inspired Patterns For Instantaneous Relaxation and you'll soon notice these benefits and so much more. 35 amazing handcrafted meditative animal, nature and spirit coloring patterns for super stress reducing, anxiety relinquishing fun. Each intricate coloring design flows with a positive intention for deeper calm. Instantly use each magical positive affirmative intention for deeper relaxation. Anchoring quotes that breathe life into your day and keep you mindful, throughout your coloring time. This is a mindfulness for beginners primer. A balanced way of expressing yourself that speaks to the soul. Become one with each creation and there really is no turning back. It brings tranquility and peace to your harried world. You will find yourself manifesting mindfulness. This slow down, mindfulness for creativity activity creates a meditative atmosphere as you sit down with your calmness peace pack (crayons, gel pens, coloring pencils and this book). You won't want to think about another thing. So what are you waiting for? Experience Coloring today...



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